

# News Update **December 2018**

Thanks to your support, 2018 was a fantastic year for Ohel Sarah. We would like to share a few highlights with you.



#### **OUR ROLE IN ISRAELI ELECTIONS**

The women who attend our employment centre have a reputation for their diligence and accuracy. So we were proud when they were given the job of packing 15 million voting cards for the local elections. It was a huge task to sort them into packs of 1000 cards and assemble 27 packs per box. They managed to complete it all on time – and with a smile.



### NEW CLASS FOR ZE'ADIM SCHOOL

Ze'adim is our newest school which supports children with cerebral palsy combined with cognitive delays. We currently have 1 class of 8 children but we plan to open a second class in the coming months. The iPad programme has been a big success in helping the children communicate and learn. Thanks to your generosity, we have been able to purchase more iPads for this school.



## **VOLUNTEERING AT WIZO**

Volunteering is at the heart of what we do. We are fortunate that many volunteers come to help us at Ohel Sarah. We encourage our members to give back too, so they understand how rewarding it feels to help someone else.

Some of our women now regularly volunteer at a local Wizo shop, sorting donated clothing and helping customers. It is a great way to get involved in the local community.



### **TRIP TO THE ALPS**

We took our second foreign trip a few months ago – this time to Lake Annecy in the heart of the French Alps. It is always complicated to take a group of special needs adults abroad - but the rewards are enormous.

We see their self-esteem and confidence rise as challenges are overcome. They bond together as a group and relationships are stronger. This trip had a really positive impact on their lives and we would love to be able to take more people abroad in years to come. Ohel Sarah UK has been busy in 2018. We have been reaching out to communities across the UK and it's been great to see so many taking part and supporting our work in Israel.



## **CYCLE FOR A BIKE**

Thank you to Hasmonean High School and Yavneh Girls' School in Manchester who participated in our Bnei Mitzvah project: Cycle for a Bike. Between them they raised nearly £2000 and we have now been able to buy much needed equipment for our schools in Israel – in particular adapted bikes.



## **OHEL SARAH UK EVENTS**

Over the past year we have partnered with the Cyclub for a Valentine's spin-athon, hosted a charity film screening at the Everyman cinema and helped some daring people with a sponsored sky dive! All these activities have raised vital funds for our projects in Israel - thank you to everyone who participated.



### **TWIN YOUR SIMCHA**

If you're getting married soon or celebrating a special anniversary - why not twin your simcha with a couple from Ohel Sarah? You could donate a portion of your gift money to help towards running our marriage programme. Maybe you're planning a honeymoon in Israel, why not visit us and share a meal with one of our couples?



## **OHEL SARAH UK IN 2019**

Please get involved in 2019 and help us raise money for Ohel Sarah - you could join our new Young Committee, do a skydive, scale the O2 centre, cycle for your bar/batmitzvah, run a bake sale, twin your simcha, volunteer with us in Israel - anything is possible! And we are here to help you. Please do get in touch 0203 328 1636, info@ohel-sarah.org.uk. For the latest information, follow us on Facebook or visit our website www.ohelsarah.org.uk.

THANK YOU SO MUCH FOR YOUR SUPPORT IN 2018. YOUR HELP REALLY MAKES A PROFOUND DIFFERENCE TO THE LIVES OF THE CHILDREN AND ADULTS AT OHEL SARAH.

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