

# HAPPY 2020!

We are excited to share our news from 2019.

Thank you - with your help, we continue to develop and give the best care to our members.

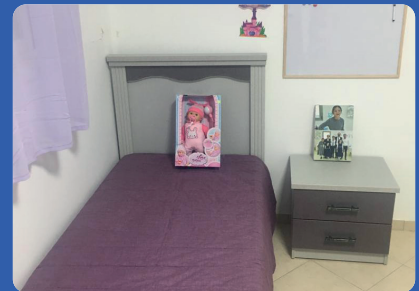
## New Boys School

A brand-new boys' school for Ohel Sarah! Students and teachers are enjoying this modern and spacious building. There are wide doorways and corridors, a lift, bright and large classrooms, annex rooms for individual sessions and an assembly hall. The school has high professional standards with top teachers and therapists; and now a wonderful new environment for the students to grow and develop.



## Apartment for Teens

We now have a new apartment for teenage girls - the youngest being just 12 years old. More families are asking us for help with younger family members, so we had to respond to this growing need. The girls will be cared for by loving and caring staff, in a safe and nurturing environment.



## Kedem - a new training centre for men

Our newest employment training centre is called 'Kedem'. We train men with special needs to learn vital skills for future employment. So far, we have successfully placed 12 men in jobs in a local hospital, old age home, print shop and Coca Cola. We are receiving very positive feedback from the employers. Our goal in 2020 is to expand this training centre by doubling the number of men who attend.



## A kitchen revolution

Introducing Shmuel! He is our new professional chef at our women's employment centre and is in charge of our training kitchen. Shmuel runs workshops teaching women the cooking skills they need to work in a hall, kitchen or cafe. This is 'on-the-job' training, as the women also help to prepare the meals for the employment centre. Everyone is delighted - the meals are delicious and there is greater awareness about healthy eating.



# NEWS FROM THE UK

## We love having visitors!

Ohel Sarah has welcomed Ezra tour and Yavneh school in 2019.

A group from Ezra Israel tour spent a morning volunteering at our employment centre. They worked alongside the women, helping them with their work. And girls from Yavneh School in Manchester, got to know students from Gesharim. By forming friendships and sharing activities, our visitors were really able to connect with our members and experience the special atmosphere of Ohel Sarah.



## OSY: Unplugged

Another amazing event from our young committee – OSY: Unplugged was a night of live music all in aid of Ohel Sarah. 150 young adults came to Kings Cross on 29th November. Together, they raised a fantastic £3000 for a new music programme which we're so excited to launch in 2020. Looking forward to what OSY will do in 2020!

## Challenge yourself in 2020:

Join the **Vitality 10k** run on bank holiday Monday 25th May, taking in all the sites of central London.

The **Maccabi Fun Run** is for all the family on 5th July, please join us!

Feeling brave? Let us know if you'd like to **jump out of a plane** for Ohel Sarah, it's a thrill & a great way to raise money.

Please contact [leslie@ohel-sarah.org.uk](mailto:leslie@ohel-sarah.org.uk) for more info.



## Looking ahead:

OHEL SARAH UK  
**Walk a mile to Israel**  
29 April 2020  
Yom Ha'atzmaut

It's 3000 miles to Israel, let's walk the distance together.

Join 1000's of people across the UK in walking a mile to Israel.

Keep a look out for more info to come!



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